

Anthelmintic, Free-Radical Scavenging Property and Potent Antibacterial Activity of Flavonoid Fraction Isolated from the Whole Plant of *Oldenlandia corymbosa* L.

Himangshu Sekhar Maji^{1*} • Sushomasri Maji¹ • Kausik Bhar¹ • Jaishree Chandra¹ • Manik Baral¹ • Pranabesh Chakraborty² • Sujata Ghosh Dastidar³

¹ Gupta College of Technological Sciences, Asansol, West Bengal - 713301, India

² SEDCO, Chandannagor, Hooghly, India

³ Herbicure Healthcare Bioherbal Research Foundation, Pailan, Kolkata - 700104, India

Corresponding author: * hs_maji@yahoo.co.in

ABSTRACT

The flavonoid fraction isolated from the ethanolic extract of the whole plant of *Oldenlandia corymbosa* L. (Family: Rubiaceae) exhibited distinct antibacterial activity when tested against 15 bacterial strains of different genera. Minimum inhibitory concentration (MIC) of the flavonoid fraction was determined following NCCLS (2003) guidelines using the agar dilution method. *Micrococcus lutea* and *Salmonella typhi* 7652 were inhibited at the lowest concentration (25 µg/ml), while other bacteria were inhibited at < 200 µg/ml. The ethanolic extract when tested for possible anthelmintic activity to determine the paralyzing and death time on the aquarium worm, *Tubifex tubifex*. The ethanolic extract showed anthelmintic property comparable to the reference drug piperazine citrate at 80 mg/ml. Various phytochemical tests performed on the ethanolic extracts suggest that the plant contains reducing sugars, amino acids, steroids, flavonoids, alkaloids and glycosides. The active phytochemical (flavonoid) was isolated by TLC, column chromatography and characterized using various analytical techniques like CHN analysis, UV-Vis spectroscopy, FT-IR, ¹H NMR and mass spectral analysis. The presence of flavonoids in the ethanolic fraction prompted us to search for its free radical scavenging property. The IC₅₀ value by DPPH radical scavenging activity of the crude ethanolic fraction containing the flavonoid part was 560 µg/ml. Though this value was not comparable to the reference compound BHT but it indicated the urge to examine the isolated flavonoids *in vivo* for their free radical scavenging activity.

Keywords: bacteriostatic, benign, inhibitory, phytochemical, radical

Abbreviations: BHT, butylated hydroxy toluene; DCA, desoxycholate citrate agar; DPPH, 2, 2-diphenyl-1-picrylhydrazyl; MHA, Muller-Hinton agar; MHB, Muller-Hinton broth MIC, minimum inhibitory concentration; NCCLS, National Committee for Clinical Laboratory Standards; PW, peptone water; TLC, thin layer chromatography

INTRODUCTION

For both developed and developing countries, recognition and development of herbal medicine offer treatment methods that are more environmentally benign, since they tend to be less toxic, produce fewer unanticipated side effects and apparently do not trigger anthelmintic chemo resistance (Sujon *et al.* 2008). Herbal medicine represents one of the most important fields of traditional medicine in India. A number of traditional medicinal plants have been used in folk medicine to treat a wide range of human physical ailments. The traditional medicines all over the world are nowadays reevaluated by an extensive activity of research on different plant species and their therapeutic principles (WHO 2002). Medicinal plants have served through ages, as a constant source of medicaments for the exposure of a variety of diseases. Plants are known to provide cures for various human illnesses and are a rich source of phytoconstituents having diversified pharmacological properties.

Free radicals are fundamental to any biochemical process and represent an essential part of aerobic life and metabolism (Tiwari 2001). The most common reactive oxygen species (ROS) include superoxide (O₂⁻) anion, hydrogen peroxide (H₂O₂), peroxy (ROO⁻) radicals and reactive hydroxyl (OH) radicals. Experimental evidence suggests that free radicals (FR) and reactive oxygen species (ROS) can be involved in a number of diseases (Joyee 1987; Richards and Sharma 1991; Niwa 1991). Antioxidant therapy has gained immense importance in treating those diseases



Fig. 1 *Oldenlandia corymbosa* with flowers and seeds.

(Buyukokuroglu *et al.* 2001). Flavonoids and phenolic compounds, widely distributed in plants, have been reported to exert multiple biological effects including antioxidant, free radical scavenging abilities, anti-inflammatory and anticarcinogenic, etc. (Miller 1996; Adeolu *et al.* 2008). The intake of natural antioxidants has been associated with reduced risk of cancer, cardiovascular diseases, diabetes and other diseases associated with ageing (McLarty 1997; Yang *et al.* 2001).

The discovery of antibiotics and antibacterial chemotherapeutics acted like a magic bullets against microbial infections in the beginning. However, the massive and indiscriminate use of antibiotics caused the earlier euphoria to evaporate, replacing it with the occurrence of drug-resistant

bacteria. Studies in this line have disclosed notable antimicrobial action in drugs belonging to different pharmacological classes such as antihistamines like trimeprazine (Dastidar *et al.* 1997), tranquilizers like promazine (Chakraborty *et al.* 1977), antihypertensives like amlodipine (Dutta *et al.* 2009), lacidipine (Dasgupta *et al.* 2007), antipsychotics like phenothiazines (Amaral *et al.* 2007), and the anti-inflammatory agent diclofenac (Dutta *et al.* 2007). Such drugs, having antimicrobial activity in addition to their pre-designated pharmacological action, have been grouped together under the banner of “non-antibiotics” (Kristiansen 1992). Pursuing this line of thought scientists from divergent fields are investigating plants with an eye to their antimicrobial usefulness. A sense of urgency accompanies the search as the pace of species extinction continues. Attention to these issues could usher in a badly needed new era of chemotherapeutic treatment of infection by using plant-derived principles (Cowan 1999).

Oldenlandia corymbosa (F: Rubiaceae) (Kirtikar and Basu 2001) (Fig. 1), which is a common weed found in both dry and wet lands throughout India, has been used in traditional medicine of India and China (Liang *et al.* 2008) to treat various hepatic disorders and as an immunity enhancer. Although *O. corymbosa* (syn. *Hedyotis corymbosa*) is described as a problematic weed in the literature of weed science but for traditional healers this wasteland herb is a herb of promising medicinal properties and uses (Chikoye *et al.* 2007; Kamal-Uddin *et al.* 2009; Brecke *et al.* 2010). It is an annual herb with numerous stem; leaves subsessile, linear or linear-lanceolate, margins recurved and scabrous, stipules with bristles; flowers on filliform pedicels usually 2-3 cm long, lobes acute; fruit capsule, globose or pyriform; seeds pale brown, angular, germinate at high temperature (Corbinea *et al.* 1982; Corbinea *et al.* 1985); flowering time October to December. The whole plant of *Oldenlandia* is used as medicine (Noiarsa *et al.* 2008). Sanskrit authors consider it a cooling medicine of importance in the treatment of fever (remittent fever with gastric irritability) and nervous depressions; a decoction of the whole plant is said to be a good febrifuge and is used in chronic malaria (Mishra *et al.* 2009); it is used in liver complaints (Sadasiwan *et al.* 2006). In the Konkon region of India, juice of plant is applied to palms and solves when they burn from fever (Kirtikar and Basu 2001). Juice is given internally with a little milk and sugar in the burning at the stomach pit and to cure heart disease.

Therefore, the objective of the present study is to find the phytochemically important constituents present and evaluate antibacterial, anthelmintic and free radical scavenging property of important constituent present in *O. corymbosa*. The present study helps to establish effective, available and low cost medicines of plant origin.

MATERIALS AND METHODS

Plant material

Fresh plants were collected from the Haripal of Hooghly district and medicinal plants garden, Gupta College of Technological Sciences, Asansol, India. The collected plants were identified and authenticated from the Botanical Survey of India, Shibpur, Howrah, India. A voucher specimen (Specimen No. CNH/I-I/2008/Tech.II/) was deposited at the Central National Herbarium, Shibpur, India for future reference.

Animals

Tubifex tubifex were collected from local market of Asansol, India. Because of easy availability and due to its anatomical and physiological resemblance with the intestinal roundworm parasite of human beings, *T. tubifex* have been used widely for the initial evaluation of anthelmintic compounds.

Chemicals

All chemicals and solvents used were of analytical grade available commercially. DPPH (2, 2-diphenyl-1-picryl hydrazyl) was procured from ICN Biomedicals Inc. Ohio, US; BHT (butylated hydroxy toluene/2,6 di-tert-butyl-*p*-cresol) was purchased from Loba Chemie Pvt. Ltd., India; piperazine citrate was procured from SRL, India.

Media

Liquid media used for this study were peptone water [PW; Oxoid brand bacteriological peptone 1% (w/v) plus Analar NaCl 0.5% (w/v)], nutrient broth (NB; Oxoid), Muller-Hinton broth (MHB; Difco). Solid media were desoxycholate citrate agar (DCA, Oxoid) and peptone agar (PA), nutrient agar (NA) and Muller-Hinton agar (MHA), obtained by solidifying the liquid media with 1.2% (w/v) agar (Oxoid No. 3). The pH was maintained at 7.2-7.4 for all the media. For isolation, identification and maintenance NA and PW was used for Gram-positive bacteria, PA and DCA were used for the rest, while MHA and MHB were used for evaluating antimicrobial activity of the isolated extract.

Preparation of extract

Whole *O. corymbosa* plants were shade dried at room temperature after collection and was powdered and passed through 60-120 mesh prior to extraction. The powder (approximately 85 g) was extracted with petroleum ether, chloroform and ethanol separately by continuous hot percolation in a Soxhlet apparatus for 8-10 cycles each. Solvents were recovered by distillation and ethanol extracts were concentrated in reduced pressure below 40°C in a rotary flash evaporator (ROLEX) to obtain a crude ethanol extract (14.2%, w/w). This was then stored at 4°C until further use.

In vitro anthelmintic activity

The anthelmintic assay was carried as per the method of Ajaiyeoba *et al.* (2001) with minor modifications. The assay was performed on an adult Indian earthworm, *Tubifex tubifex* due to its anatomical and physiological resemblance with the intestinal roundworm parasite of human beings (Vidyarthi 1967; Thorn *et al.* 1977). All the test solution and standard solutions were prepared freshly before commencement of the experiment. 20 ml of formulations containing three different concentrations of ethanolic extract (10, 25, 50 and 80 mg/ml in double distilled water) were prepared in a 500 ml beaker and six young *Tubifex* worms collected from the local market and maintained at standard laboratory conditions were placed into it. Paralysis occurred when no movement of any sort could be observed except when the worms were shaken vigorously. Death of worms occurred when they neither moved when shaken vigorously or when dipped in warm water (50°C). Piperazine citrate (10 mg/ml) was used as the reference standard while distilled water served as the control (Mali *et al.* 2004, 2005). Animal experiments were carried out following guidelines of institutional animal ethics committee.

DPPH radical scavenging assay

The effect of the ethanolic extract on DPPH radical was determined using the method of Liyana-Pathiranan (2005). A 0.135 mM DPPH solution and various concentrations (0.02-0.1 mg/ml) of extracts were prepared in methanol. 1.0 ml of DPPH solution was mixed with 1.0 ml of various test solutions and incubated in the dark at 25°C for 20 min after vortexing thoroughly. The absorbance was read at 517 nm. A control reaction was carried out without the extract. BHT was used as reference. A linear graph of concentration vs. percentage inhibition was prepared and IC₅₀ values were calculated. The % inhibition was calculated by the following formula (Jain *et al.* 2008):

$$\% \text{ Inhibition} = (A_0 - A_t) / A_0 \times 100$$

where A₀ was the absorbance of the control and A_t was the absorbance in the presence of ethanolic extract of *O. corymbosa*.

Table 1 Effect of ethanolic extract of *Oldenlandia corymbosa* on death time (D) and paralyzing time (P) *Tubifex tubifex*.

Category	Concentration (mg/ml)	Paralyzing (P) time minutes	Death (D) time minutes
Water (Control)	-	-	-
Extract	10	65.33 ± 0.52	94.83 ± 1.3
	25	54.67 ± 0.52	69.17 ± 1.6
	50	23.33 ± 1.03	44.67 ± 0.51
	80	18.33 ± 1.5	31.67 ± 1.75
Piperazine citrate	10	21.17 ± 0.75	45.33 ± 1.03

Values are mean ± SD (n=6)

Determination of MIC of flavonoid obtained from ethanolic extract of *O. corymbosa*

The minimum inhibitory concentration (MIC) of the extract with respect to different test bacteria was accurately determined by agar dilution methods. For agar dilution, 1 ml of the flavonoid fraction of the extract was added at concentrations of 0 (control), 10, 25, 50, 100, 200 and 400 µg/ml in 9 ml molten MHA and poured into sterile 40 mm diameter Petri dishes (Koneman 1997). The organisms were grown in MHB and the overnight culture was spot inoculated onto MHA plates such that each inoculum contained 2×10^5 CFUs (colony-forming units). The plates were incubated at 37°C, examined after 24 h for any growth and incubated for a further 72 h for satisfactory growth. Since one MHA medium containing the extract can be used for inoculation of a large number of bacteria at a time, the result of this method is presented in tabular form (Table 4). The lowest concentration of extract in a plate that failed to show any visible growth was considered as its MIC.

Statistical analysis

The MIC determination was performed in duplicate for each organism. For anthelmintic and antioxidant activity tests were performed in triplicate. Experimental results are mean ±SD for three parallel measurements. IC₅₀ value was graphically determined and means, standard deviation and correlation were computed for both the experiments by using Microsoft excel.

RESULTS

In vitro anthelmintic activity of ethanol extract of the whole plant of *O. corymbosa*

The ethanolic extract of *O. corymbosa* exhibited significant anthelmintic activity at higher concentrations (Table 1; Fig. 2). The extract showed anthelmintic activity in a dose-dependent manner giving shortest time of paralysis (P) and death (D) at 80 mg/ml. The alcoholic extract of *O. corymbosa* caused paralysis in 18 min and death in 32 min (Fig. 2), while the reference drug piperazine citrate showed P and

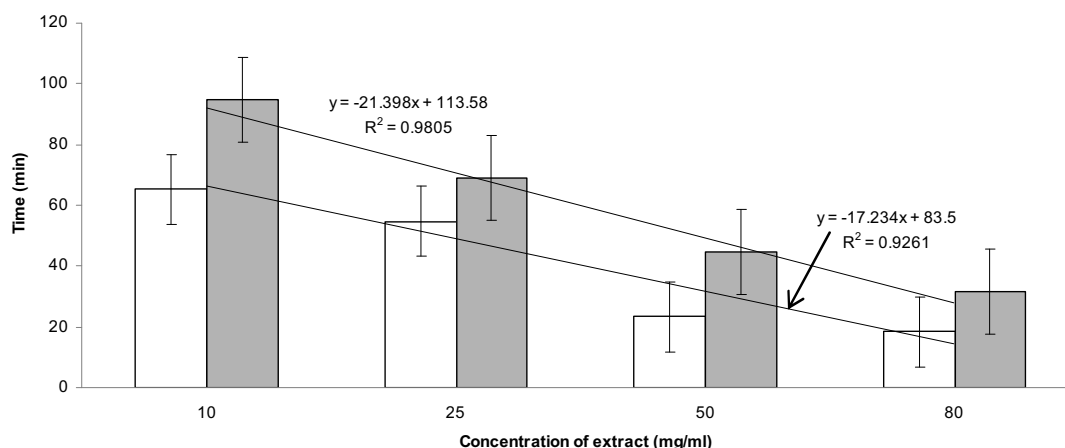


Fig. 2 Effect of ethanolic extract of *Oldenlandia corymbosa* on death time (D) and paralyzing time (P) *Tubifex tubifex*. □ Paralyzing time (P); ■ Death time (D).

Table 2 Effect (% inhibition) of ethanolic extract of whole plant of *Oldenlandia corymbosa* on DPPH radical scavenging assay.

Concentration of extract (mg/ml)	% Inhibition	Concentration of BHT (µg/ml)	% Inhibition
0	0	0	0
0.2	38.6 ± 0.4	10	22.25 ± 0.26
0.4	49.57 ± 0.31	20	38.75 ± 0.26
0.6	57.36 ± 0.21	25	55.6 ± 0.10
0.8	64.27 ± 0.21	30	72.4 ± 0.1
1.0	69.4 ± 0.17	50	94.47 ± 0.03
IC ₅₀	0.56 mg/ml	IC ₅₀	23.9 µg/ml

Values are mean ± SD (n=3), IC₅₀ = 50% inhibition concentration

D in 21 and 45 min, respectively against the earthworm *Tubifex tubifex*.

Hydroxyl radical scavenging activity

The ethanolic extract of the whole plant of *O. corymbosa* was evaluated for antioxidant activity by using the DPPH free radical scavenging method. The extract has promising free radical scavenging power (Table 2; Figs. 3, 4). The IC₅₀ value was 560 µg/ml.

Phytochemical evaluation and isolation of flavonoids

Various phytochemical tests done on petroleum ether, chloroform and ethanol extracts suggest that the plant contains reducing sugars, amino acids, steroids, flavonoids, alkaloids and glycosides. Flavonoids were isolated from the ethanol fraction chromatographically by TLC and column chromatography with butanol, acetic acid and water (8: 1: 1) and was subsequently characterized using different analytical

Table 3 Analytical profile of the ethanolic extract of the whole plant of *Oldenlandia corymbosa*.

Methods adopted	Results
Phytochemical screening	Flavonoid, glycoside
Ash value	14%
TLC (silica gel) (BuOH, CH ₃ COOH, H ₂ O 8:1:1)	Detection UV, R _f 0.69
CHN analysis	C 32.15%, H 6.32%, N 1.64%
UV (MeOH)	λ _{max} 247 nm
FT-IR in KBr	3420.85 (O-H str.), 2922 & 2852.26 (C-H str.), 1735.98 (C=O str.), 1647.98 (N-H def.), 1560, 1261.39 (C-O-C str), 1075.84 cm ⁻¹
¹ H NMR	0.833 δ 1(H), 1.208 δ 1(H), 1.476 δ, 3.177 δ 18(H), 3.7 δ H(RCOOH), 2.6 δ H(C-CH ₃)
Mass spectra (ESI)	m/z: 632.89, 426.92, 300.99, 258.99 (base peak), 230.99, 202.95

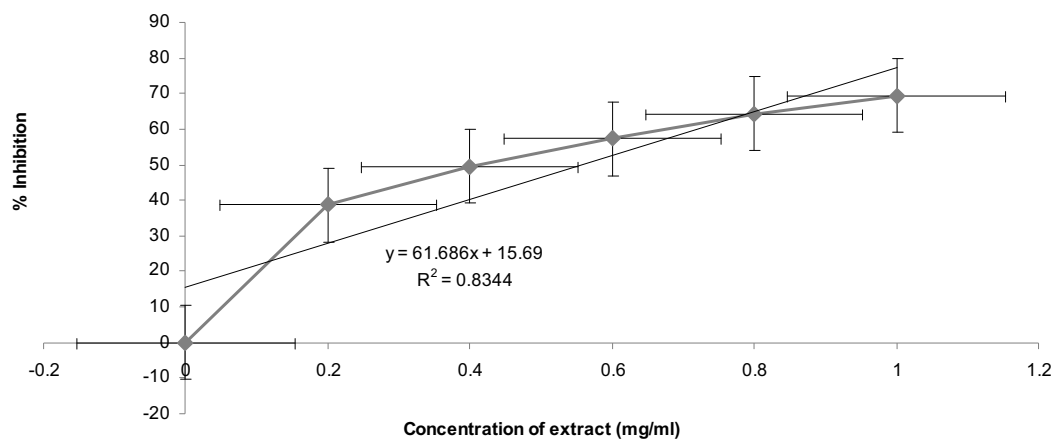


Fig. 3 Effect (% inhibition) of ethanolic extract on DPPH radical scavenging assay.

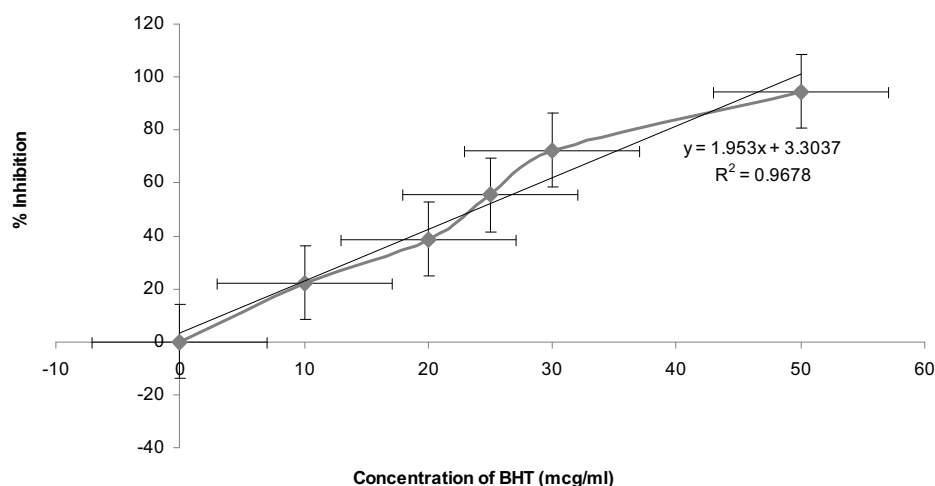


Fig. 4 Effect (% inhibition) of BHT on DPPH radical scavenging assay.

techniques like UV-Vis spectroscopy (UV-1, Thermo Spectronic), FT-IR (RX-1, Perkin-Elmer), ^1H NMR (DPX-300, BRUKER) and Mass (Qtof Micro YA 263, WATERS) spectral analysis and CHN analysis (2400, Perkin Elmer). The results of various spectroscopic and chromatographic data in **Table 3** further confirm the presence of flavonoids as found in preliminary phytochemical screening.

In vitro antimicrobial activity of *O. corymbosa*

Screening the ethanolic extract of *O. corymbosa* against 15 known sensitive bacteria belonging to both Gram-positive and -negative genera showed a powerful antimicrobial action against most of the tested bacteria (**Table 4**).

DISCUSSION

O. corymbosa is a common weed found in wastelands throughout India. It has use in traditional medicine of India and China to treat various hepatic disorders. *O. corymbosa* is rich in ascorbic acid when compared with some common garden fruits and vegetables (HAO and PAO 2006).

The ethanolic extract of *O. corymbosa* not only demonstrated paralysis, but also caused death of worms especially at a higher concentration, i.e., 80 mg/ml (**Table 1; Fig. 2**), comparable to the reference drug piperazine citrate. Phytochemical analysis of the crude extracts revealed the presence of alkaloids as one chemical constituent. Chemically, alkaloids are polyphenolic compounds. Some synthetic

Table 4 Effect of *Oldenlandia corymbosa* on different bacteria.

Bacterial strains tested	Growth in nutrient agar containing different concentrations of extract ($\mu\text{g/ml}$)						
	0**	10	25	50	100	200	400
<i>B. subtilis</i> NCTC8241	+	+	+	+	-	-	-
<i>E. coli</i> K ₁₂ Row	+	+	+	+	-	-	-
<i>K. pneumoniae</i> 14	+	+	+	+	+	-	-
<i>Lactobacillus sporogens</i>	+	+	+	+	-	-	-
<i>Micrococcus lutea</i> ATCC 9341	+	+	-	-	-	-	-
<i>Ps. aeruginosa</i> APC 1	+	+	+	+	+	-	-
<i>S. aureus</i> ATCC29157	+	+	-	-	-	-	-
<i>S. aureus</i> NCTC6571	+	+	-	-	-	-	-
<i>S. typhi</i> 7652	+	+	-	-	-	-	-
<i>S. typhimurium</i> NCTC74	+	+	+	-	-	-	-
<i>Sh. boydii</i> 8NCTC254/66	+	+	-	-	-	-	-
<i>Sh. sonnei</i> 1NCTC9774	+	+	-	-	-	-	-
<i>St. faecalis</i> S ₁	+	+	+	+	+	-	-
<i>V. cholerae</i> 865	+	+	-	-	-	-	-
<i>V. cholerae</i> ATCC14033	+	+	-	-	-	-	-

** Control plate without extract; +, growth; -, no growth

phenolic anthelmintics e.g. niclosamide, oxyclozanide and bithionol are shown to interfere with energy generation in helminth parasites by uncoupling oxidative phosphorylation (Martin 1997). It is possible that alkaloids contained in the extracts of *O. corymbosa* produced similar effects.

The potential scavenging abilities of polyphenols might be due to active oxygen donor ability of hydroxyl substitution (Bose *et al.* 2008). Similarly, high molecular weight and the proximity of many aromatic rings and hydroxyl groups are more important for the free radical scavenging by specific functional groups (Korycka-Dahl and Richardson 1978). Our *in vitro* antioxidant study (Table 2; Figs. 3, 4) provides immense scientific support to use this plant effectively against free radical-mediated diseases.

Since the preliminary screenings of the ethanolic extract have shown the presence of important phytoconstituents (glycosides and flavonoids), this fraction was chosen to evaluate of pharmacological and antibacterial potential.

Bacterial cells multiply repeatedly and cause infections in various organs of the human body. For such rapid replication, the organisms must synthesize or take up many types of biomolecules. Therefore, effective antimicrobial agents must interfere with specific processes that are essential for growth and/or division. Antimicrobial agents may be either cidal (killing the invading pathogens), or static (inhibiting growth). Bactericidal agents are more effective, but bacteriostatic agents can be extremely beneficial, since they permit the normal defenses of the host to destroy the microorganisms (Gale *et al.* 1981; Waxman and Strominger 1982). An extensive review of the literature (Dastidar *et al.* 2001, 2004; Mishra *et al.* 2009) indicated that antimicrobial activity of different non-antibiotics might be due to the presence of aromatic rings present in flavonoids. From this postulate and from phytochemical screening of the ethanolic extract an attempt was made to find the possible antibacterial activity of *O. corymbosa*. The ethanolic extract of the flavonoidal fraction shows significant antibacterial activity (Table 4) which needs to be further tested *in vivo*.

All the results were found to be significant statistically and thus it can be concluded that *O. corymbosa* is a potential plant with strong antibacterial and anthelmintic properties and with distinguished free radical scavenging property. The plant needs to be further evaluated in combination with other plants of the same plant family to establish this common weed as a pharmacologically potential herb.

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